

May 2021

May the force be with you



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 Don't fret young padawan. Chillax while immersing yourself in some music.
2 The cave you fear to enter, holds the treasure that you seek. In you must go!	3 In a dark place we find ourselves, and a little more knowledge lights our way - Yoda	4 Keep the Force with you while dressed up like your favorite character. Today is the day for those Ewok pajama bottoms!!!	5 Do of Do Not. There is no try. - Yoda	6 Be the Force of Change you want to see in the Universe. Donate your time to helping someone today.	7 Embrace the traits that make you stand apart.	8 Enjoy your cereal with Aunt Beru's blue milk (Fortunately, you do not have the droids the Empire is looking for).
9 Realize others see the world differently than you do.	10 Your focus determines your reality. – Qui-Gon Jinn	11 Overcome the fear within yourself.	12 Your eyes can deceive you. Don't trust them. – Obi-Wan Kenobi	13 Keep your mind open to new possibilities.	14 Jump in and help solve a problem.	15 Every life has value.
16 A little hope goes a long way.	17 Enhance and stimulate your creativity by drawing one of the Star Wars characters.	18 This is a new day, a new beginning. – Ahsoka Tano	19 May the Force be with you! Write a note to someone wishing them good luck.	20 In my experience, there's no such thing as luck - Obi-Wan Kenobi	21 Pop some headphones in and listen to memorable scores from the Star Wars saga.	22 Plan a vacation to look forward to! Planning can boost your overall happiness.
23 Take a trip down memory lane and color for about 20 minutes to help clear your mind.	24 Stay on target. – Gold Five	25 Improve your energy force by stretching your body for two minutes.	26 It's never too late to turn things around.	27 Stop and be in the moment – enjoy the power of now.	28 When you have an extra minute ask your co-workers if they need help with anything.	29 Spend the day completing a special project that can benefit the entire group.
30 Invite colleagues to play a game together or play alone.	31 Commit to the life you want to live - and live it!	Notes				